

PRODUCTION OF PROCESSED UNPOLISHED RICE

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Abstract of JP11169110

PROBLEM TO BE SOLVED: To provide a method for producing a processed unpolished rice capable of being readily cooked by an electric rice cooker or a gas rice cooker and providing a cooked rice of the unpolished one, having a suitable softness.

SOLUTION: This method for producing a processed unpolished rice comprises a heating step for heating the unpolished rice including water to regulate the water content in the unpolished rice so as to be 8-10 wt.% and to form cracks a little on the surface of the unpolished rice, a water-impregnating step for impregnating the water into the unpolished rice to provide a saturated state of the unpolished rice with the water, a dehydrating step for removing the water attaching on the surface of the unpolished rice to prevent adhesion of the unpolished rice to each other by freezing in a refrigeration step, the refrigeration step for refrigerating the water in the unpolished rice to increase the volume and to provide cracks in the interior of the unpolished rice, and a drying step for thawing the refrigerated unpolished rice and regulating the water content in the unpolished rice so as to be 7-14 wt.%.

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